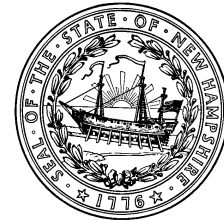


NH Department of Health and Human Services  
129 Pleasant Street - State Office Park South  
Concord, NH 03301



**PRESS RELEASE**  
**FOR IMMEDIATE RELEASE**  
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## **NH DHHS Announces Listening Sessions for State Plan on Aging**

**Concord, NH** – As part of a statewide effort to understand the needs of older adults, the New Hampshire Department of Health and Human Services' (DHHS), Bureau of Elderly and Adult Services (BEAS) and the State Plan on Aging (SPOA) Planning Committee are seeking public input that will guide and inform the next four-year State Plan on Aging.

“As we continue in our efforts to provide programs and services that focus on older adults, we must have an understanding of what their needs are,” said DHHS Commissioner Jeffrey A. Meyers. “New Hampshire has one of the fastest-growing aging populations, and these listening sessions will give us the opportunity to offer supports that are meaningful and relevant to our older residents, so that they can participate fully in their communities.”

In addition to the listening sessions, residents are invited to complete the online [State Plan on Aging Survey](#), which will allow respondents to provide information on the availability of supports in their communities, including health care programs and screenings, affordable housing, transportation, and in-home long-term supports and services. Information from the listening sessions and survey will be used to inform the New Hampshire State Plan on Aging that will be submitted to the Federal Administration for Community Living. This plan is a requirement to receive federal funding for the Older Americans Act programs in New Hampshire.

Listening sessions will run through December 7. Many senior and community centers will host the sessions immediately following the congregate meal to make it easier for older adults to attend. If accommodations are needed for communication access such as interpreters, CART (captioning), assistive listening devices, or other auxiliary aids and/or services, please contact Kim Hillson at 603-271-9215 or [Kimberly.Hillson@dhhs.nh.gov](mailto:Kimberly.Hillson@dhhs.nh.gov) 5 business days before the listening session. At least 5 business days advance notice is requested in order to assure availability; requests made fewer than 5 days prior to the event will attempt to be accommodated but cannot be guaranteed.

**Berlin, October 25th**  
1:00-3:00pm  
Berlin Senior Center  
610 Sullivan Street, Berlin

**Keene, November 2nd**

9:30-11:30am  
Cheshire Medical Center  
580 Court Street, Keene

**Meredith, November 7th**  
10:30am -12:30pm  
Meredith Community Center  
1 Circle Drive, Meredith

**Nashua, November 14th**  
2:00 - 4:00pm  
Nashua Senior Center  
70 Temple Street, Nashua

**Rochester, November 15th**  
1:30-3:30pm  
Frisbie Memorial Hospital  
11 Whitehall Road, Rochester

**Newport, November 16th**  
9:30-11:30am  
Newport Senior Center  
76 South Main Street, Newport

**Lebanon, November 19th**  
1:00-3:00pm  
Upper Valley Senior Center  
10 Campbell Street, Lebanon

**North Conway, November 27th**  
12:30-2:30pm  
Gibson Center for Seniors  
14 Grove Street, North Conway

**Derry, November 28th**  
9:30-11:30am  
Marion Gerrish Community Center  
39 West Broadway, Derry

**Concord, November 28th**  
2:30 - 4:30pm  
GoodLife Programs & Activities  
254 North State Street, Concord

**Littleton, November 29th**  
1:00-3:00pm  
Littleton Area Senior Center  
77 Riverglen Lane, Littleton

**Manchester, November 30th**  
9:30 -11:30am

Manchester City Library, Auditorium  
405 Pine Street, Manchester

**Brentwood, December 7th**

9:30-11:30am

Rockingham County Nursing Home  
117 North Road, Brentwood

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